



40. Brockenlauf 2010

Ilseburg / 04.09.2010

Detailed evaluation

Düfert, Ilka

Club: Zusamaltheim

Number: 735

Course: 1.80 km

Nachwuchsstraßenlauf

Category:

weibliche Schüler D

Total time: 10:02

Speed: 5.98 km/h

Running performance: 5:34 min/km

Rank in course/Total: 112 (of 152)

Rank in course/Women: 53 (of 75)

Best time in course: 6:53

Rank in category: 18(of 28)

Best time in the category: 7:23