



40. Brockenlauf 2010

Ilsenburg / 04.09.2010

Detailed evaluation

Friese, Anastasia

Club: GS Prinzess Ilse Ilsenburg

Number: 700

Course: 1.80 km

Nachwuchsstraßenlauf

Category:

weibliche Schüler E

Total time: 11:38

Speed: 5.16 km/h

Running performance: 6:28 min/km

Rank in course/Total: 142 (of 152)

Rank in course/Women: 69 (of 75)

Best time in course: 6:53

Rank in category: 11(of 14)

Best time in the category: 8:07