



40. Brockenlauf 2010

Ilseburg / 04.09.2010

Detailed evaluation

Busch, Julia

Club: WSV Beneckenstein

Number: 494

Course: 10.00 km

Ilsesteinlauf

Category:

weibliche Schüler A

Total time: 1:04:33

Speed: 9.30 km/h

Running performance: 6:28 min/km

Rank in course/Total: 126 (of 135)

Rank in course/Women: 46 (of 50)

Best time in course: 36:31

Rank in category: 2(of 2)

Best time in the category: 52:37

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking					
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women
Ilsestein	4.10	22:00	5:21	1	-	4	4:19	4.10	22:00	5:21	1	-	32
Lap 1	1.60	8:05	5:03	2	0:30	15	2:29	5.70	30:05	5:16	1	-	32
Last lap Finish	4.30	34:28	8:00	2	14:57	49	21:14	10.00	1:04:33	6:27	2	11:56	46 28:02