



## 40. Brockenlauf 2010

Ilseburg / 04.09.2010

### Detailed evaluation

Schökel, Frederike

Club: NSV Wernigerode

Number: 809

Course: 1.80 km

Nachwuchsstraßenlauf

Category:

weibliche Schüler C

Total time: 7:16

Speed: 8.26 km/h

Running performance: 4:02 min/km

Rank in course/Total: 13 (of 152)

Rank in course/Women: 3 (of 75)

Best time in course: 6:53

Rank in category: 2(of 22)

Best time in the category: 7:04