



40. Brockenlauf 2010

Ilseburg / 04.09.2010

Detailed evaluation

Ringleb, Sarah-Emely

Club: GS A.Schweitzer Stapelburg

Number: 806

Course: 1.80 km

Nachwuchsstraßenlauf

Category:

weibliche Schüler C

Total time: 8:45

Speed: 6.86 km/h

Running performance: 4:52 min/km

Rank in course/Total: 75 (of 152)

Rank in course/Women: 32 (of 75)

Best time in course: 6:53

Rank in category: 12(of 22)

Best time in the category: 7:04