



40. Brockenlauf 2010

Ilseburg / 04.09.2010

Detailed evaluation

Blumeyer, Mark Dominik

Club: Ilseburg

Number: 514

Course: 10.00 km

Ilsesteinlauf

Category:

männliche Jugend A

Total time: 52:12

Speed: 11.49 km/h

Running performance: 5:13 min/km

Rank in course/Total: 63 (of 135)

Rank in course/Men: 54 (of 85)

Best time in course: 34:06

Rank in category: 11(of 11)

Best time in the category: 35:10

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total		Total min/km	Pos Cat.	Behind Cat.	Total ranking	
						Pos Men	Behind Men	Total km	Total Time				Pos Men	Behind Men
Ilsestein	4.10	26:17	6:24	11	9:20	51	9:42	4.10	26:17	6:24	11	9:20	1	-
Lap 1	1.60	8:06	5:03	10	2:41	59	3:03	5.70	34:23	6:01	11	12:01	1	-
Last lap Finish	4.30	17:49	4:08	11	5:01	53	5:22	10.00	52:12	5:13	11	17:02	54	18:06