



# 40. Brockenlauf 2010

Ilseburg / 04.09.2010

## Detailed evaluation

Ziemer, Inga

Club: Frauensportgruppe

Number: 925

Course: 10.00 km

Ilsestein-Walking

Category:

Walking Frauen

Total time: 1:29:28

Speed: 6.71 km/h

Running performance: 8:57 min/km

Rank in course/Total: 8 (of 13)

Rank in course/Women: 7 (of 11)

Best time in course: 1:23:56

Rank in category: 7(of 11)

Best time in the category: 1:23:56

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Ilsestein	4.10	40:29	9:52	10	2:04	10	2:04	4.10	40:29	9:52	7	1:55	7	1:55
Lap 1	1.60	fehlt!	-	-	-	-	-	5.70	-	-	-	-	-	-
Last lap Finish	4.30	48:59	11:23	7	3:37	7	3:37	10.00	1:29:28	8:56	7	5:32	7	5:32