



# 40. Brockenlauf 2010

Ilseburg / 04.09.2010

## Detailed evaluation

Schökel, Juliane

Club: NSV Wernigerode

Number: 481

Course: 10.00 km

Ilsesteinlauf

Category:

weibliche Jugend A

Total time: 52:37

Speed: 11.40 km/h

Running performance: 5:16 min/km

Rank in course/Total: 66 (of 135)

Rank in course/Women: 11 (of 50)

Best time in course: 36:31

Rank in category: 1(of 1)

Best time in the category: 52:37

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	
Ilsestein	4.10	25:31	6:13	1	-	9	7:50	4.10	25:31	6:13	1	-	36		
Lap 1	1.60	7:34	4:43	1	-	7	1:58	5.70	33:05	5:48	1	-	36		
Last lap Finish	4.30	19:32	4:32	1	-	23	6:18	10.00	52:37	5:15	1	-	10	16:06	