



# 40. Brockenlauf 2010

Ilseburg / 04.09.2010

## Detailed evaluation

Franke, Svea

Total time: 53:19

Number: 487

Speed: 11.25 km/h

Running performance: 5:20 min/km

Course: 10.00 km

Rank in course/Total: 69 (of 135)

Ilsesteinlauf

Rank in course/Women: 14 (of 50)

Best time in course: 36:31

Category:

Rank in category: 4(of 6)

Frauen W30

Best time in the category: 36:31

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking					
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women
Ilsestein	4.10	27:11	6:37	3	9:30	16	9:30	4.10	27:11	6:37	4	9:30	39
Lap 1	1.60	8:02	5:01	3	2:26	12	2:26	5.70	35:13	6:10	4	11:56	39
Last lap Finish	4.30	18:06	4:12	4	4:52	9	4:52	10.00	53:19	5:19	4	16:48	14 16:48