



40. Brockenlauf 2010

Ilseburg / 04.09.2010

Detailed evaluation

Hentsch, Axel

Club: SV Hermsdorf

Number: 566

Course: 10.00 km

Ilsesteinlauf

Category:

männliche Schüler A

Total time: 53:29

Speed: 11.22 km/h

Running performance: 5:21 min/km

Rank in course/Total: 73 (of 135)

Rank in course/Men: 59 (of 85)

Best time in course: 34:06

Rank in category: 3(of 3)

Best time in the category: 42:01

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total		Total		Total		Pos Cat.	Behind Cat.	Pos Men	Behind Men	
								km	Time	min/km	Pos	Behind	Pos					Behind
Ilsestein	4.10	27:18	6:39	3	6:46	61	10:43	4.10	27:18	6:39	3	6:46	7	1:01				
Lap 1	1.60	7:56	4:57	3	1:38	54	2:53	5.70	35:14	6:10	3	8:24	7	0:51				
Last lap Finish	4.30	18:15	4:14	3	3:04	56	5:48	10.00	53:29	5:20	3	11:28	59	19:23				