



# 40. Brockenlauf 2010

Ilseburg / 04.09.2010

## Detailed evaluation

**Faidt, Marion**

Club: Blau-Weiss Hettstedt

Number: 495

Course: 10.00 km

Ilsesteinlauf

Category:

Frauen W50

Total time: 53:30

Speed: 11.21 km/h

Running performance: 5:21 min/km

Rank in course/Total: 74 (of 135)

Rank in course/Women: 15 (of 50)

Best time in course: 36:31

Rank in category: 1(of 5)

Best time in the category: 53:30

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	
Ilsestein	4.10	27:12	6:38	2	0:03	17	9:31	4.10	27:12	6:38	2	0:03	41		
Lap 1	1.60	8:07	5:04	2	0:04	16	2:31	5.70	35:19	6:11	2	0:07	41		
Last lap Finish	4.30	18:11	4:13	1	-	10	4:57	10.00	53:30	5:20	1	-	15	16:59	