



5. Warburger Walking Tag

Warburg / 04.09.2010

Detailed evaluation

Adams, Mirjam

Club: Escar-Gots Bochum

Number: 1082

Course: 20.60 km

20,6 km Nordic Walking

Total time: 3:05:33

Speed: 6.47 km/h

metres in height up: 336

Course score: 25.04

performance score: 171 Points