



9. Thüringer-Frauen-Lauf und 12. Erfurter Volkslauf

Erfurt / 05.09.2010

Detailed evaluation

Kurch, Jörg

Club: VfL 28 Ellrich

Number: 2809

Course: 10.00 km

Erfurter Volkslauf

Category:

Männer M50

Total time: 38:44

Speed: 15.49 km/h

Running performance: 3:52 min/km

Rank in course/Total: 25 (of 140)

Rank in course/Men: 25 (of 139)

Best time in course: 32:14

Rank in category: 1(of 12)

Best time in the category: 38:44