



9. Thüringer-Frauen-Lauf und 12. Erfurter Volkslauf

Erfurt / 05.09.2010

Detailed evaluation

Jeziorski, Andree

Club: sc impuls erfurt

Number: 2799

Course: 10.00 km

Erfurter Volkslauf

Category:

Männer M45

Total time: 43:27

Speed: 13.81 km/h

Running performance: 4:20 min/km

Rank in course/Total: 60 (of 140)

Rank in course/Men: 60 (of 139)

Best time in course: 32:14

Rank in category: 14(of 27)

Best time in the category: 36:11