



## 9. Thüringer-Frauen-Lauf und 12. Erfurter Volkslauf

Erfurt / 05.09.2010

### Detailed evaluation

**Mehm, Harald**

Club: Erfurt

Number: 2822

Course: 10.00 km

Erfurter Volkslauf

Category:

Männer M50

Total time: 44:37

Speed: 13.45 km/h

Running performance: 4:28 min/km

Rank in course/Total: 64 (of 140)

Rank in course/Men: 64 (of 139)

Best time in course: 32:14

Rank in category: 3(of 12)

Best time in the category: 38:44