



9. Thüringer-Frauen-Lauf und 12. Erfurter Volkslauf

Erfurt / 05.09.2010

Detailed evaluation

Brill, Uwe

Club: LTV-Erfurt

Number: 2774

Course: 10.00 km

Erfurter Volkslauf

Category:

Männer M50

Total time: 45:18

Speed: 13.25 km/h

Running performance: 4:32 min/km

Rank in course/Total: 75 (of 140)

Rank in course/Men: 75 (of 139)

Best time in course: 32:14

Rank in category: 6(of 12)

Best time in the category: 38:44