



9. Thüringer-Frauen-Lauf und 12. Erfurter Volkslauf

Erfurt / 05.09.2010

Detailed evaluation

Lege, Tobias

Club: Weimar

Number: 2811

Course: 10.00 km

Erfurter Volkslauf

Category:

Männer M20

Total time: 45:59

Speed: 13.05 km/h

Running performance: 4:36 min/km

Rank in course/Total: 81 (of 140)

Rank in course/Men: 81 (of 139)

Best time in course: 32:14

Rank in category: 16(of 21)

Best time in the category: 32:14