



9. Thüringer-Frauen-Lauf und 12. Erfurter Volkslauf

Erfurt / 05.09.2010

Detailed evaluation

Schulze, Ronald

Club: FSV 1986 Bad Langensalza

Number: 2843

Course: 10.00 km

Erfurter Volkslauf

Category:

Männer M50

Total time: 49:47

Speed: 12.05 km/h

Running performance: 4:59 min/km

Rank in course/Total: 106 (of 140)

Rank in course/Men: 105 (of 139)

Best time in course: 32:14

Rank in category: 7(of 12)

Best time in the category: 38:44