



9. Thüringer-Frauen-Lauf und 12. Erfurter Volkslauf
Erfurt / 05.09.2010

Detailed evaluation

Römer, Ramona

Club: First Fitness

Number: 2963

Course: 10.00 km

Frauenlauf

Category:

Frauen W35

Total time: 40:15

Speed: 14.91 km/h

Running performance: 4:02 min/km

Rank in course/Total: 1 (of 49)

Rank in course/Women: 1 (of 49)

Best time in course: 40:15

Rank in category: 1(of 6)

Best time in the category: 40:15