



9. Thüringer-Frauen-Lauf und 12. Erfurter Volkslauf

Erfurt / 05.09.2010

Detailed evaluation

Thomas, Gesine

Club: SV Bad Berka

Number: 2952

Course: 10.00 km

Frauenlauf

Category:

Frauen W40

Total time: 41:39

Speed: 14.41 km/h

Running performance: 4:10 min/km

Rank in course/Total: 2 (of 49)

Rank in course/Women: 2 (of 49)

Best time in course: 40:15

Rank in category: 1(of 10)

Best time in the category: 41:39