



## 9. Thüringer-Frauen-Lauf und 12. Erfurter Volkslauf

Erfurt / 05.09.2010

### Detailed evaluation

Hoßfeld, Jana

Club: Winterstein

Number: 2930

Course: 10.00 km

Frauenlauf

Category:

Frauen W30

Total time: 41:43

Speed: 14.38 km/h

Running performance: 4:10 min/km

Rank in course/Total: 3 (of 49)

Rank in course/Women: 3 (of 49)

Best time in course: 40:15

Rank in category: 1(of 1)

Best time in the category: 41:43