



9. Thüringer-Frauen-Lauf und 12. Erfurter Volkslauf
Erfurt / 05.09.2010

Detailed evaluation

Gerling, Cornelia

Club: Waltershausen
Number: 2960

Course: 10.00 km
Frauenlauf

Category:
Frauen W40

Total time: 43:44

Speed: 13.72 km/h
Running performance: 4:22 min/km

Rank in course/Total: 6 (of 49)
Rank in course/Women: 6 (of 49)
Best time in course: 40:15

Rank in category: 2(of 10)
Best time in the category: 41:39