



9. Thüringer-Frauen-Lauf und 12. Erfurter Volkslauf  
Erfurt / 05.09.2010

Detailed evaluation

Syrbe, Sabine

Club: Weimar  
Number: 2950

Course: 10.00 km  
Frauenlauf

Category:  
Frauen W35

Total time: 48:15

Speed: 12.44 km/h  
Running performance: 4:49 min/km

Rank in course/Total: 10 (of 49)  
Rank in course/Women: 10 (of 49)  
Best time in course: 40:15

Rank in category: 3(of 6)  
Best time in the category: 40:15