



## 9. Thüringer-Frauen-Lauf und 12. Erfurter Volkslauf

Erfurt / 05.09.2010

### Detailed evaluation

**Wenige, Carola**

Club: FSV 1950 Gotha

Number: 2955

Course: 10.00 km

Frauenlauf

Category:

Frauen W40

Total time: 49:48

Speed: 12.05 km/h

Running performance: 4:59 min/km

Rank in course/Total: 15 (of 49)

Rank in course/Women: 15 (of 49)

Best time in course: 40:15

Rank in category: 3(of 10)

Best time in the category: 41:39