



## 9. Thüringer-Frauen-Lauf und 12. Erfurter Volkslauf

Erfurt / 05.09.2010

### Detailed evaluation

**Stroh, Viola**

Club: SV Nord

Number: 2971

Course: 10.00 km

Frauenlauf

Category:

Frauen W50

Total time: 51:38

Speed: 11.62 km/h

Running performance: 5:10 min/km

Rank in course/Total: 21 (of 49)

Rank in course/Women: 21 (of 49)

Best time in course: 40:15

Rank in category: 3(of 9)

Best time in the category: 43:21