



9. Thüringer-Frauen-Lauf und 12. Erfurter Volkslauf
Erfurt / 05.09.2010

Detailed evaluation

Münch, Cornelia

Club: 5.GS

Number: 2961

Course: 10.00 km

Frauenlauf

Category:

Frauen W50

Total time: 53:05

Speed: 11.30 km/h

Running performance: 5:19 min/km

Rank in course/Total: 26 (of 49)

Rank in course/Women: 26 (of 49)

Best time in course: 40:15

Rank in category: 6(of 9)

Best time in the category: 43:21