



9. Thüringer-Frauen-Lauf und 12. Erfurter Volkslauf
Erfurt / 05.09.2010

Detailed evaluation

Steinke, Gudrun

Club: Saalfelder LV
Number: 2949

Course: 10.00 km
Frauenlauf

Category:
Frauen W70

Total time: 1:04:41

Speed: 9.28 km/h
Running performance: 6:28 min/km

Rank in course/Total: 47 (of 49)
Rank in course/Women: 47 (of 49)
Best time in course: 40:15

Rank in category: 1(of 1)
Best time in the category: 1:04:41