



9. Thüringer-Frauen-Lauf und 12. Erfurter Volkslauf
Erfurt / 05.09.2010

Detailed evaluation

Sitte, Claudia

Club: Erfurt
Number: 2948

Course: 10.00 km
Frauenlauf

Category:
Frauen W40

Total time: 1:05:09

Speed: 9.21 km/h
Running performance: 6:31 min/km

Rank in course/Total: 48 (of 49)
Rank in course/Women: 48 (of 49)
Best time in course: 40:15

Rank in category: 9(of 10)
Best time in the category: 41:39