



9. Thüringer-Frauen-Lauf und 12. Erfurter Volkslauf

Erfurt / 05.09.2010

Detailed evaluation

Pickel, Manuel

Club: SV 1899 Mühlhausen

Number: 2917

Course: 10.00 km

Erfurter Volkslauf

Category:

Männer M20

Total time: 35:09

Speed: 17.07 km/h

Running performance: 3:31 min/km

Rank in course/Total: 3 (of 140)

Rank in course/Men: 3 (of 139)

Best time in course: 32:14

Rank in category: 3(of 21)

Best time in the category: 32:14