



9. Thüringer-Frauen-Lauf und 12. Erfurter Volkslauf
Erfurt / 05.09.2010

Detailed evaluation

Diezel, Uwe

Club: SWE Erfurt
Number: 2778

Course: 10.00 km
Erfurter Volkslauf

Category:
Männer M40

Total time: 36:59

Speed: 16.22 km/h
Running performance: 3:42 min/km

Rank in course/Total: 13 (of 140)

Rank in course/Men: 13 (of 139)

Best time in course: 32:14

Rank in category: 4(of 21)

Best time in the category: 36:08