



9. Thüringer-Frauen-Lauf und 12. Erfurter Volkslauf

Erfurt / 05.09.2010

Detailed evaluation

Hamsch, Oliver

Club: Erfurt

Number: 2864

Course: 10.00 km

Erfurter Volkslauf

Category:

Männer M40

Total time: 37:50

Speed: 15.86 km/h

Running performance: 3:47 min/km

Rank in course/Total: 16 (of 140)

Rank in course/Men: 16 (of 139)

Best time in course: 32:14

Rank in category: 6(of 21)

Best time in the category: 36:08