



2. Hexengrund-Triathlon Engerda

Engerda / 11.09.2010

Detailed evaluation

Aßmann, Holger

Total time: 1:49:33

Club: Triathlon Jena

Number: 17

Course: 38.00 km

Rank in course/Total: 13 (of 67)

Hexengrund-Triathlon 0,5-30.0-7,5

Rank in course/Men: 13 (of 59)

Best time in course: 1:34:07

Category:

Rank in category: 1(of 1)

TM 55, Senioren 4

Best time in the category: 1:49:33

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Schwimmen	0.50	11:27	22:53	1	-	11	3:24	0.50	11:27	22:53	1	-	43	
Rad	30.00	1:08:06	2:16	1	-	27	11:33	30.50	1:19:33	2:36	1	-	42	
Lauf	7.50	30:00	4:00	1	-	2	0:29	38.00	1:49:33	2:52	1	-	13	15:26