



7. Trefffurter Stadtlauf
Treffurt / 11.09.2010

Detailed evaluation

Bing, Thomas

Club: Sportgymnasium Oberhof
Number: 2297

Course: 10.60 km
Geländelauf lang

Category:
Männer M20

Total time: 35:14

Speed: 18.05 km/h
Running performance: 3:19 min/km

Rank in course/Total: 2 (of 163)

Rank in course/Men: 2 (of 136)

Best time in course: 35:03

Rank in category: 2(of 16)

Best time in the category: 35:03