



7. Trefffurter Stadtlauf
Treffurt / 11.09.2010

Detailed evaluation

Filbrich, Jens

Club: SV Frankenhain
Number: 2304

Course: 10.60 km
Geländelauf lang

Category:
Männer M30

Total time: 36:31

Speed: 17.42 km/h
Running performance: 3:26 min/km

Rank in course/Total: 7 (of 163)

Rank in course/Men: 7 (of 136)

Best time in course: 35:03

Rank in category: 1(of 10)

Best time in the category: 36:31