



7. Trefffurter Stadtlauf  
Treffurt / 11.09.2010

Detailed evaluation

Zhang, Claus

Club: Sportgymnasium Oberhof  
Number: 2318

Course: 10.60 km  
Geländelauf lang

Category:  
männliche Jugend B

Total time: 39:53

Speed: 15.04 km/h  
Running performance: 3:46 min/km

Rank in course/Total: 12 (of 163)

Rank in course/Men: 12 (of 136)

Best time in course: 35:03

Rank in category: 2(of 8)

Best time in the category: 38:36