



7. Trefffurter Stadtlauf
Treffurt / 11.09.2010

Detailed evaluation

Rippel, Markus

Club: SV Normania Treffurt
Number: 2247

Course: 10.60 km
Geländelauf lang

Category:
Männer M30

Total time: 41:54

Speed: 15.18 km/h
Running performance: 3:57 min/km

Rank in course/Total: 17 (of 163)

Rank in course/Men: 17 (of 136)

Best time in course: 35:03

Rank in category: 4(of 10)

Best time in the category: 36:31