



7. Trefffurter Stadtlauf
Treffurt / 11.09.2010

Detailed evaluation

Henkel, Tobias

Club: SV Thuringia Königsee
Number: 2286

Course: 10.60 km
Geländelauf lang

Category:
Männer M20

Total time: 42:29

Speed: 14.12 km/h
Running performance: 4:01 min/km

Rank in course/Total: 20 (of 163)

Rank in course/Men: 20 (of 136)

Best time in course: 35:03

Rank in category: 5(of 16)

Best time in the category: 35:03