



7. Trefffurter Stadtlauf
Treffurt / 11.09.2010

Detailed evaluation

Pelzel, Mario

Club: VfL 28 Ellrich
Number: 2256

Course: 10.60 km
Geländelauf lang

Category:
Männer M40

Total time: 42:42

Speed: 14.05 km/h
Running performance: 4:02 min/km

Rank in course/Total: 22 (of 163)

Rank in course/Men: 22 (of 136)

Best time in course: 35:03

Rank in category: 2(of 21)

Best time in the category: 41:58