



7. Trefffurter Stadtlauf
Treffurt / 11.09.2010

Detailed evaluation

Noll, Jonas

Club: SV Normania Treffurt
Number: 2217

Course: 10.60 km
Geländelauf lang

Category:
Männer M40

Total time: 43:43

Speed: 13.72 km/h
Running performance: 4:07 min/km

Rank in course/Total: 25 (of 163)

Rank in course/Men: 25 (of 136)

Best time in course: 35:03

Rank in category: 4(of 21)

Best time in the category: 41:58