



7. Trefffurter Stadtlauf  
Treffurt / 11.09.2010

Detailed evaluation

**Noll, Jonas**

Club: SV Normania Treffurt  
Number: 2217

Course: 10.60 km  
Geländelauf lang

Category:  
Männer M40

Total time: 43:43

Speed: 14.55 km/h  
Running performance: 4:07 min/km

Rank in course/Total: 25 (of 163)

Rank in course/Men: 25 (of 136)

Best time in course: 35:03

Rank in category: 4(of 21)

Best time in the category: 41:58