



7. Trefffurter Stadtlauf
Treffurt / 11.09.2010

Detailed evaluation

Kühne, Timm

Club: VfL 28 Ellrich
Number: 2309

Course: 10.60 km
Geländelauf lang

Category:
Männer M45

Total time: 44:03

Speed: 13.62 km/h
Running performance: 4:10 min/km

Rank in course/Total: 26 (of 163)

Rank in course/Men: 26 (of 136)

Best time in course: 35:03

Rank in category: 2(of 25)

Best time in the category: 41:50