



7. Trefffurter Stadtlauf
Treffurt / 11.09.2010

Detailed evaluation

Montag, Andreas

Club: SV Normania Treffurt
Number: 2265

Course: 10.60 km
Geländelauf lang

Category:
Männer M50

Total time: 45:08

Speed: 14.09 km/h
Running performance: 4:16 min/km

Rank in course/Total: 31 (of 163)

Rank in course/Men: 31 (of 136)

Best time in course: 35:03

Rank in category: 2(of 8)

Best time in the category: 44:43