



7. Trefffurter Stadtlauf
Treffurt / 11.09.2010

Detailed evaluation

Schier, Manuel

Club: SV Mila
Number: 2364

Course: 10.60 km
Geländelauf lang

Category:
Männer M20

Total time: 45:49

Speed: 13.88 km/h
Running performance: 4:19 min/km

Rank in course/Total: 38 (of 163)

Rank in course/Men: 38 (of 136)

Best time in course: 35:03

Rank in category: 7(of 16)

Best time in the category: 35:03