



7. Trefffurter Stadtlauf  
Treffurt / 11.09.2010

Detailed evaluation

Studenik, Sven

Club: SV Sömmerda e.V.  
Number: 2360

Course: 10.60 km  
Geländelauf lang

Category:  
Männer M30

Total time: 45:58

Speed: 13.05 km/h  
Running performance: 4:20 min/km

Rank in course/Total: 41 (of 163)

Rank in course/Men: 41 (of 136)

Best time in course: 35:03

Rank in category: 5(of 10)

Best time in the category: 36:31