



7. Trefffurter Stadtlauf
Treffurt / 11.09.2010

Detailed evaluation

Temmler, Matthias

Club: SV Normania Treffurt
Number: 2145

Course: 10.60 km
Geländelauf lang

Category:
Männer M45

Total time: 48:49

Speed: 13.03 km/h
Running performance: 4:37 min/km

Rank in course/Total: 58 (of 163)

Rank in course/Men: 56 (of 136)

Best time in course: 35:03

Rank in category: 7(of 25)

Best time in the category: 41:50