



7. Trefffurter Stadtlauf  
Treffurt / 11.09.2010

Detailed evaluation

Rößler, Jürgen

Club: 1. TSV 1990 Bad Salzungen  
Number: 2280

Course: 10.60 km  
Geländelauf lang

Category:  
Männer M55

Total time: 49:05

Speed: 12.22 km/h  
Running performance: 4:38 min/km

Rank in course/Total: 61 (of 163)

Rank in course/Men: 59 (of 136)

Best time in course: 35:03

Rank in category: 1(of 7)

Best time in the category: 49:05