



7. Trefffurter Stadtlauf  
Treffurt / 11.09.2010

Detailed evaluation

Gerling, Cornelia

Club: Waltershausen  
Number: 2221

Course: 10.60 km  
Geländelauf lang

Category:  
Frauen W40

Total time: 49:38

Speed: 12.09 km/h  
Running performance: 4:41 min/km

Rank in course/Total: 66 (of 163)

Rank in course/Women: 4 (of 27)

Best time in course: 46:24

Rank in category: 1(of 8)

Best time in the category: 49:38