



7. Trefffurter Stadtlauf
Treffurt / 11.09.2010

Detailed evaluation

Manegold, Thomas

Club: SV Normania Treffurt
Number: 2327

Course: 10.60 km
Geländelauf lang

Category:
Männer M20

Total time: 49:40

Speed: 12.08 km/h
Running performance: 4:41 min/km

Rank in course/Total: 67 (of 163)

Rank in course/Men: 63 (of 136)

Best time in course: 35:03

Rank in category: 9(of 16)

Best time in the category: 35:03