



7. Trefffurter Stadtlauf
Treffurt / 11.09.2010

Detailed evaluation

Pfannschmidt, Daniel

Club: VfB TM Mühlhausen 09
Number: 2273

Course: 10.60 km
Geländelauf lang

Category:
Männer M30

Total time: 51:22

Speed: 11.68 km/h
Running performance: 4:51 min/km

Rank in course/Total: 79 (of 163)

Rank in course/Men: 73 (of 136)

Best time in course: 35:03

Rank in category: 9(of 10)

Best time in the category: 36:31