



7. Trefffurter Stadtlauf
Treffurt / 11.09.2010

Detailed evaluation

Romming, Nicole

Club: Fitnesssoase Ohrdruf
Number: 2284

Course: 10.60 km
Geländelauf lang

Category:
Frauen W35

Total time: 52:15

Speed: 11.48 km/h
Running performance: 4:56 min/km

Rank in course/Total: 83 (of 163)

Rank in course/Women: 7 (of 27)

Best time in course: 46:24

Rank in category: 1(of 2)

Best time in the category: 52:15