



7. Trefffurter Stadtlauf
Treffurt / 11.09.2010

Detailed evaluation

Brandt, Sebastian

Club: Fitness Oase Ohrdruf
Number: 2290

Course: 10.60 km
Geländelauf lang

Category:
Männer M20

Total time: 53:03

Speed: 11.31 km/h
Running performance: 5:00 min/km

Rank in course/Total: 87 (of 163)

Rank in course/Men: 80 (of 136)

Best time in course: 35:03

Rank in category: 13(of 16)

Best time in the category: 35:03